

## Ain't No Stoppin Us Now

### **8 bars**

**Ain't No Stoppin Us Now**  
**We're on the move!**  
**Ain't No Stoppin Us Now**  
**We got the groove! x2**

### **GRP 1:**

There's been so many things that's held us down.  
But now it looks like things are finally comin' around.

### **GRP 3:**

I know we've got, a long long way to go,  
And where we'll end up,  
**I don't know!**

### **GRP 2:**

But we won't let nothin' hold us back,

### **GRP 1+3:**

We're putting our selves together,  
We're polishing up our act

### **GRP 2:**

If you've ever been held down before,

### **GRP 1+3:**

I know you'll refuse to be held down anymore!

**Don't you let nothing, nothing,**  
**Stand in your way!**  
**I want you to listen, listen,**  
**To every word we say, every word we say!**

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**GRP 1:**

I know you know someone that has a negative vibe,  
And if you're trying to make it they only push you aside.

**GRP 3:**

They really don't have, no where to go.  
Ask them where they're going,  
**They don't know!**

**GRP 2:**

But we won't let nothin' hold us back,

**GRP 1+3:**

We're putting our selves together,  
We're polishing up our act!

**GRP 2:**

And if you've ever been held down before,

**GRP 1+3:**

I know you'll refuse to be held down anymore!

**Don't you let nothing, nothing,  
Stand in your way,  
I want you to listen, listen,  
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